

Team Member Menu

SCOUT COPY / LEADERSHIP COPY

ONE copy is to be completed and returned to the leadership at the Preparation Session.

The leadership will photocopy this and return one copy to the scout in time to pack for the expedition (ideally as soon as possible), and retain one copy for the expedition.

This list will be used to check against during the pre-departure kit check.

This document forms part of the mitigation of the Risk Assessment, and should be retained.

Each team member's menu may be different from other team members, however some collaboration in terms of cooking similar things is advised to ease cooking.

Team Designation:

Member Name:

Approval of Leadership (signed):

Lunch and Snacks (Saturday)	
Item	Calorific Value
Total:	

Breakfast (Sunday)	
Item	Calorific Value
Total:	

Dinner (Saturday)	
Item	Calorific Value
Total:	

Lunch and Snacks (Sunday)	
Item	Calorific Value
Total:	
Overall Total:	